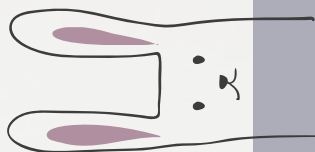




# What your newborn baby needs



## What do you need for the Maternity room?

- 3 comfortable nightdresses\*
- 2 breathable soft cup bras\*
- Dressing gown (optional)
- Slippers
- 6 large and comfortable panties
- Shower cap
- Toiletries
- Documents and antenatal record

## What does your baby need?

- 3 nainsook undershirts (optional)
- 4 cotton undershirts and/or bodies
- 4 woollen or dralon cardigans
- 3 cotton bodysuits
- 4 chiripas (garment worn to hold diaper in place) (optional)
- 24 disposable diapers
- 4 pairs of socks and booties
- 2 baby shawls (one wool/ one cotton)
- 1 baby changer
- 1 comb

## First change of clothes

- 1 baby shawl
- 1 nainsook undershirt (optional)
- 1 woollen or dralon cardigan
- 1 woollen or dralon legging
- 1 cotton undershirt or body
- 1 cotton bodysuit
- 1 diaper
- 1 chiripa (garment worn to hold diaper in place) (optional)
- 1 pair of socks and booties

\* Practical garments for breastfeeding are recommended

