



Pack with love:
preparing your baby's
hospital bag



What you need

- 3 front buttoned nightgowns
- 2 wire-free nursing bras
- 1 robe (optional)
- Slippers
- 6 comfortable panties
- Shower cap
- Personal toiletries
- ID, documents and prenatal record
- Breast milk collector (optional)

For your baby

- 4 cotton long-sleeved bodysuits
- 4 wool footed pants
- 4 cotton footed pants
- 3 beanie hats
- 24 disposable diapers
- 4 pairs of socks and baby booties
- 2 receiving blankets
- 1 changing pad
- 1 baby hairbrush

First outfit

- 1 wool blanket
- 1 wool cardigan/sweater
- 1 wool footed pants
- 1 cotton bodysuit
- 1 cotton long-sleeved footed pants
- 1 disposable diaper
- 1 pair of cotton socks and baby booties