INDICATIONS FOR 24 HOUR URINE COLLECTION

- Before 7:00 o'clock urinate deeply to empty the bladder (this urine is discarded).
- From that moment, collect all of the urinations, including the last one at 7:00 the next day.
- A large container or several small ones can be used. Cover the containers correctly and label them with your full name.
- Deliver the sample in the Clinical Laboratory from 7:30 a.m. to 11:00 p.m.

Important:

The containers must be clean and kept cold.